



**What Is My Child Learning?**

Your child is learning that people can show their compassion for others by saying something kind or doing something helpful.

**Why Is It Important?**

Learning how to show compassion for others helps children take action on their feelings of empathy.

**Ask your child: How do you show compassion for others at school?**

**Read Together**

When you have empathy for others, you can say or do many things to show your care and concern. Showing care or concern for others is called *compassion*.

Saying something kind or doing something helpful for others are examples of showing compassion. Showing compassion for others makes a difference. Compassion counts!

**Practise Together: Helping Hands**

People in your community need your help!

1. Read the scenario out loud together.
2. Decide together what you can say or do to show your compassion.
3. Write down your ideas, then act them out with each other!

Scenario	Compassionate Act(s)
You see your neighbour unloading bags and bags of heavy groceries.	
Your sister scraped her knee on the footpath, and she's crying.	
You see a kid in Foundation Year slip and fall down in front of you on the way to school.	
Your friend is sitting next to his favourite toy, and it's broken.	
Your mum is setting the table for dinner, and your little brother needs help tying his shoelaces.	

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)