

## Style: Passive Aggressive Assertive

glue picture here

What is the person saying?

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Name:

Sometimes you "hear" what a person is saying without him or her saying a word. You can often tell a person's communication style just by looking at his or her facial expressions and body language. A passive communicator might have slumped posture. An aggressive communicator might have glaring, narrow eyes. An assertive communicator holds his or her head up while looking straight at you.

Now try to "hear" different communication styles just by looking at them.

- 1. Look through magazines or newspapers for people who are using passive, aggressive, and assertive communication.
- 2. Find one image for each, and glue them in the boxes to the right.
- 3. Imagine what each person might be saying. Write it in the space below each picture.
- 4. Now show the pictures and descriptions to an adult. Can he or she guess which style of communication each person is using? Circle their answer.
- 5. If he or she guessed wrong, go over with him or her the characteristics of different styles of communication. If he or she guessed right – way to go!

This homework assignment was completed on

(date)

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