



What Is My Child Learning?

Your child has been learning skills to be a better learner and get along with others.

Why Is It Important?

These skills will help children be more successful at school, at home and later in life.

Ask your child: How has what you've learned in your *Second Step* lessons helped you at school? How can you practise these skills at home so you keep getting better?

Read Together

During your *Second Step* lessons, you've been learning and practising skills to help you learn and get along better with others.

Every week, you filled out a Weekly Skill Check to keep track of what you learned, where you practised, how much more you needed to practise, and where you would practise in the future. Today you'll show these to me to celebrate your learning!

Practise Together: Check Me Out!

1. Look at the portfolio of Weekly Skill Checks completed over the year.
2. Review what was learned and practised each week.
3. Now it's time to reflect on how much you've learned and improved!

Child:

Choose one skill in each category that you've improved on a lot, and write it in the upper box.
 Choose one skill in each category you'd still like to practise some more, and write it in the lower box.

Adult:

Help your child determine which skills he or she has improved on and which need more improvement.
 Refer to the Check Up on the Weekly Skill Checks for guidance.

Skills for Learning	Empathy	Emotion Management	Problem Solving
Something I improved on a lot was:	Something I improved on a lot was:	Something I improved on a lot was:	Something I improved on a lot was:
Something I can improve on more is:	Something I can improve on more is:	Something I can improve on more is:	Something I can improve on more is:

(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)