



Name: \_\_\_\_\_

Imagine you have four members in your family, and you have a problem. One adult family member cooks dinner every night and is sick and tired of it! Your adult has decided that he or she will only cook dinner three nights per week. But who is going to cook the other four nights? You and your adult come up with a solution: The rest of the family will take turns cooking dinner the remaining four nights. But hey—there are only three remaining members of your family to cook for four nights. What are you going to do? You need a plan!

With your adult, make a three-step plan for how this imaginary family will take turns cooking the remaining four nights per week. Be sure to use the Checklist for Making a Plan.

**Problem:** Who is going to cook meals four nights per week?

**Solution:** Three family members take turns.

**Cooking Dinner Plan**

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
3. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Checklist for Making a Plan**

- The order makes sense.
- There is enough time to do it.
- It's not too complicated.
- It's realistic, and you're able to do it.

This homework assignment was completed on \_\_\_\_\_ | \_\_\_\_\_  
(DATE) (ADULT SIGNATURE)