

# Year1, Unit 2

## Lesson 11: Showing Care and Concern

Home Link



### What Is My Child Learning?

Your child is learning how to show care and concern for another person by listening, saying kind words, and helping that person. This is called *showing compassion*, and it makes people feel better.

### Why Is This Important?

Being able to show compassion helps children get along with others.

Ask your child: **What does *showing compassion* mean?** Possible answer: Showing you care about others.

**What are some ways you can show care and concern or compassion for others?** Possible answers: Listening to them. Saying kind words. Helping them.

**When is a time someone might need you to show someone compassion?** Possible answers: When someone is feeling sad, lonely, tired, or frustrated.

**How do you feel when someone shows you compassion?** Possible answers: Happy, special.

### Practise at Home

Help your child to notice when someone else could use some help or a kind word. For example:

- **Your dad has a lot of dishes to do after dinner. Do you think he could do with some help?**
- **It looks like Mrs. Sanders could do with some help picking up the rubbish. Can you do that?**

### Activity

Help your child think of something kind to say to someone else at home (or someone your child can easily call on the phone) as a way to show 'compassion.' Fill in the details below for your child. Then help your child do it!

I can show compassion to \_\_\_\_\_

\_\_\_\_\_

I will say: \_\_\_\_\_

\_\_\_\_\_

After I showed compassion, I think this person felt \_\_\_\_\_

\_\_\_\_\_

_____	_____	_____
(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)